



Highlights



For Computer Users

- Promote fitness and comfort as you compute, reducing potential back and neck pain by adding movement into your work routine in a truly ergonomic workstation
- Easily and simultaneously lift LCD screens to proper height for unsurpassed ergonomic comfort.
- On-demand sit-stand workstation—improve your energy and productivity by standing or sitting as you work, and then switch positions whenever you choose. This work style encourages healthy movement throughout the day

For IT and Facilities Staff

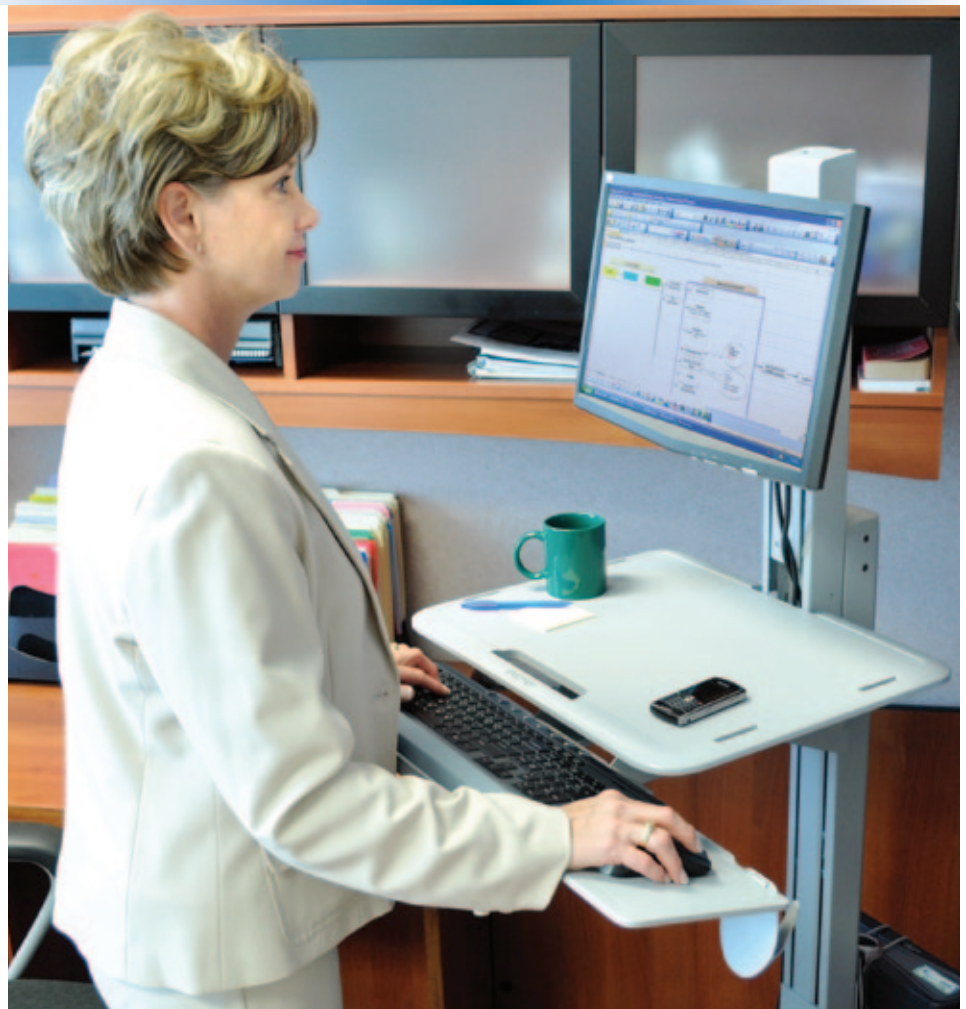
- IT deployment friendly—set aside several fully equipped WorkFit-Cs for temporary workers or telecommuter work pods; roll to the place of need (easily stored and ready to roll)
- Modify existing office spaces or cubes by simply removing a section of worksurface and rolling in the sit-to-stand WorkFit, without the cost of expensive professional installers
- Safe and neat routing of cables through the expansive cable management storage area
- Flexible, open-architecture design is scalable for future computer equipment

For HR/Risk Management and Company Cost Savings

- Manage the cost of healthcare premiums by promoting wellness in the daily work routine
- Provide standing work platforms for employees without having to buy expensive height-adjustable chairs

Ergotron®

WorkFit-C



Energize your body. Exercise your mind. WorkFit: The platform for balance.

Stay energized and productive while you compute—move from a sitting to a standing position whenever you want. ***This mobile workstation's large worksurface and ergonomic, height-adjustable keyboard tray and display make computing comfortable for prolonged periods.*** Counterbalanced adjustment points allow instantaneous, tool-free repositioning while you work! Features include 25" (63 cm) total height adjustment, a small footprint and advanced cable management.

- ① VESA® compliant
- ② Lift range: LCD/notebook/worksurface adjusts 20" (51 cm) in tandem; LCD adjusts 5" (13 cm) independently; maximum LCD height adjustment = 25" (63 cm)
- ③ Large worksurface dimensions: 22"W x 17"D (56 x 43 cm)
- ④ Ergonomic negative-tilt keyboard tray with left or right mouse tray ensures wrists remain in a neutral position during data entry—avoid repetitive-stress injuries while increasing comfort and productivity
- ⑤ Durable, easy-to-clean exterior composed of aluminium, high-grade plastic and powder coated painted steel
- ⑥ Cable management storage box
- ⑦ CPUs attach safely to rear of cart with CPU Holder: adjusts from 12"H x 3"D to 18"H x 8.5"D (30 x 8 cm to 46 x 22 cm). CPU Holder capacity = 40 lbs (18 kg)
- ⑧ Four dual casters—lockable front casters. Wheel-to-wheel base dimensions: 17"W x 20.5"D (43 x 52 cm)



LD LCD Size	Weight Capacity*	Lift	Tilt	Pan	Rotation	VESA†
≤ 22"	5–18 lbs 2.3–8.1 kg	25" 63 cm	25°	—	360° P/L	MIS-D

*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of display in addition to contents on Worksurface and in Cable Storage Box. LCD pivot capacity = 5–18 lbs (2.3–8.1 kg)

HD LCD Size	Weight Capacity*	Lift	Tilt	Pan	Rotation	VESA†
≤ 30"	16–30 lbs 7.3–13.6 kg	25" 63 cm	30°	—	360° P/L	MIS-D/E/F

*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of display in addition to contents on Worksurface and in Cable Storage Box. LCD pivot capacity = 16–30 lbs (7.3–13.6 kg)

Dual LCD Size*	Weight Capacity**	Lift	Tilt	Pan	Rotation	VESA†
≤ 22"	12–28 lbs 5.45–12.7 kg	25" 63 cm	—	—	360° P/L	MIS-D/E

*Maximum outside width of display is 22" (56 cm). This is typically the horizontal dimension of a 22" diagonal screen-size monitor

**Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of displays in addition to contents on Worksurface and in Cable Storage Box. LCD capacity = 12–28 lbs (5.45–12.7 kg) total. Note: monitors must be equal in weight or +/-1 pound (.45 kg)

Combo Screen Size	Weight Capacity*	Lift	Tilt	Pan	Rotation	VESA†
≤ 20"	12–26 lbs 5.4–11.8 kg	25" 63 cm	30°	—	360° P/L	MIS-D/E

*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of displays in addition to contents on Worksurface and in Cable Storage Box. Laptop = 6–10 lbs (2.7–4.5 kg); monitor = 6–16 lbs (2.7–7.2 kg)

Product Name	WorkFit-C, LCD mount, LD 24-198-055 (two-tone-grey)
Part Number	WorkFit-C, LCD mount, HD 24-197-055 (two-tone-grey) WorkFit-C, Dual 24-196-055 (two-tone-grey) WorkFit-C, Combo 24-195-055 (two-tone-grey)
Product Includes	All: cart, integrated worksurface, keyboard tray with left/right mouse tray, scanner holder bracket, mouse holder, cable storage box, four dual casters (two locking) 24-198-055, 28-197-055: LCD pivot, CPU holder 24-196-055: crossbar with two (2) LCD mounts, CPU holder 24-195-055: laptop platform, one sliding monitor bracket
Shipping Dimensions	45.5"H x 19.75"W x 24"D (116 x 50 x 61 cm)
Shipping Weight	24-198-055: 72 lbs (33 kg) 28-197-055: 94 lbs (42.5 kg) 24-196-055: 94 lbs (42.5 kg) 24-195-055: 98 lbs (44.6 kg)
Warranty	5 years
†Compatible Display(s)	See www.ergotron.com for details



LCD Mount, LD 24-198-055 LCD Mount, HD 24-197-055 Dual 24-196-055 Combo 24-195-055

© 2010 Ergotron, Inc. rev. 07/07/2010 870-05-096-EA Content is subject to change without notification

Americas Sales and Corporate Headquarters	EMEA Sales	APAC Sales	Worldwide OEM Sales
St. Paul, MN USA (800) 888-8458 +1-651-681-7600 www.ergotron.com sales@ergotron.com	Amersfoort, The Netherlands +31 33 45 45 600 www.ergotron.com info.eu@ergotron.com	Tokyo, Japan www.ergotron.com apaccustomerservice@ergotron.com	www.ergotron.com info.oem@ergotron.com

